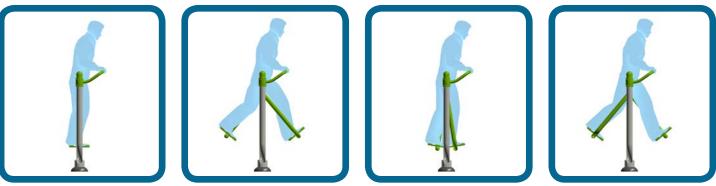
Caloo Limited, Unit 12, Boxted Farm, Berkhamsted Road, Hemel Hempstead, HP1 2SG, United Kingdom. Tel: +44 (0)8450558218 Fax: +44 (0)8450558219 Email: info@caloo.co.uk

# Caloo Workout - CW12 **Air Walker**





Providing a great cardiovascular and lower body workout, this item will improve flexibility and strength in the hips and legs.

The Caloo workout Range features individual fitness stations which offer an environmentally friendly outdoor fitness facility. Each unit is designed to target a specific muscle group, creating a variety of activities which can create a full body workout or aid recuperation after accident or illness. Caloo Workout units are available in three attractive colour combinations : blue and silver, green and silver or red and yellow.

(Surface diagram to scale 1:100 on A4) (User diagram shows unit with a 1.8m tall adult)

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## Caloo Workout - CW36 Stepper



This unit provides a great cardio workout and targets the calves, quads and glute muscles.

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(Surface diagram to scale 1:100 on A4) (User diagram shows unit with a 1.8m tall adult)



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This piece of equipment will focus on developing primarily the shoulders and also the triceps.

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(Spacing diagram to scale 1:100 on A4) (User diagram shows unit with a 1.8m tall adult)



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# Caloo Workout - CW06 Leg Press





### This Caloo unit focuses on strengthening the thigh and hip muscles.

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(Surface diagram to scale 1:100 on A4) (User diagram shows unit with a 1.8m tall adult)





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